



**Measures and Guidelines for CMU Foreign Students and Staff
Entering Chiang Mai, Thailand
(Starting from October 1, 2021)**

To comply with the university's regulations and those by the Center for COVID-19 Situation Administration issued in accordance with Section 9 of the Royal Decree on Public Administration in a state of emergency, Chiang Mai University has set the following measures and guidelines, in order to protect the safety and health on campus by minimizing the risk of COVID-19 infection.

These guidelines apply to prospective students and staff arriving in Thailand and who wish to attend Chiang Mai University for study, work, or to participate in academic activities. Before traveling to Thailand, please check the latest entry requirements via <https://thaiembdc.org/2021/09/28/quarantineperiod1oct2021> or contact your nearest Royal Thai Embassy or Consulate for more details.

1. Required documents for entering Thailand:

- 1) **Certificate of Entry (COE)** - A letter certifying that the person is able to enter Thailand.
- 2) **COVID-19 test (RT-PCR)** - Medical certificate confirming that the traveler is free of COVID-19 with a laboratory result indicating that COVID-19 is not detected by RT-PCR method and the test was performed within the last 72 hours before departure.
- 3) **Health insurance** - Foreign students must have a health insurance policy that covers the cost of health care and medical treatments including COVID-19 treatments for the duration of the person's stay in Thailand, insured not less than **USD 100,000**.
- 4) **ASQ confirmation letter** - Confirmation of government-designated Alternative State Quarantine (ASQ) hotel booking.
- 5) **Vaccine Certificate** - if any but are not obligatory, see quarantine period for more details.

** Fit to fly Certificate is no longer required**

2. Quarantine Period

With regard to the updated regulations to enter Thailand starting from 1 October 2021, the quarantine period is reduced as follows:

2.1 **Not less than 7 days** for travelers with the following conditions:

2.1.1 Vaccinated by a vaccine that is approved by Thailand's Ministry of Public Health.

2.1.2 Must be fully vaccinated for more than 14 days before travelling

2.1.3 Must present the vaccine certificate (original/copy) at the port of arrival

List of vaccines approved by Thailand's Ministry of Public Health (as of 22 September 2021) includes:

1. CoronaVac (Sinovac Biotech Ltd.)
2. AstraZeneca or Covishield (AstraZeneca & University of Oxford / SK Bioscience (Korea) / Siam BioScience / Serum Institute of India (SII))
3. Pfizer – BioNTech COVID-19 vaccine or Cominaty (Pfizer Inc., & BioNTech)
4. Janssen or Janssen/Ad26.COVS.2.S (Johnson & Johnson Services, Inc.)
5. Moderna (Moderna Inc.)
6. Sinopharm vaccine or COVILO (Sinopharm Co., Ltd.)
7. Sputnik V (Gamaleya Research Institute of Epidemiology and Microbiology)

2.2 **Not less than 10 days** for travelers without a vaccine certificate or who are not yet fully vaccinated

2.3 **Not less than 14 days** for travelers who arrive in Thailand by land without a vaccine certificate or not yet fully vaccinated

The quarantine period will be determined by the Health Control officer upon your arrival in Thailand

3. Upon arrival at Chiang Mai Province, please follow these steps:

1) Fill out the **Entering CMU Report Form** via

<https://forms.office.com/r/HxrgLdcFqq>.

2) Register your entry to Chiang Mai via **CM-Chana Application** at

https://cmsdm.net/COVIDH/cm_index.php

4. Please note that the quarantine documents together with the COVID-19 results are to be presented to the university prior to the individual's study, work, or participation in academic activities. The person must also strictly comply with the university's measures and that of their faculty/department.

The list of documents to be submitted to the university includes:

- 1) Copy of passport
- 2) ASQ Certificate
- 3) COVID-19 Test (RT-PCR) results performed during quarantine period
- 4) Health insurance
- 5) Vaccine Certificate (if any)

5. If you have travelled to a high-risk area in Thailand before coming to Chiang Mai, such as the mall, entertainment venue or other high-risk surveillance areas, you are required to **Self-Monitor at home** for 14 days and always wear a face mask when with other people, maintain social distancing and sanitize your hands regularly. You are also required to provide a daily health report via **CMU SELF HEALTH CHECK FOR COVID-19**, a CMU smart-phone application.

6. To ensure the safety and protection against the spread of COVID-19, students and staff should pay attention to their health conditions. Please observe if you have flu-like symptoms which include a runny nose, coughing with phlegm, and the loss of sense of smell. If you observe these symptoms, please immediately report to your **supervisor or Head of Department** to test for COVID-19.

7. If a student/staff member needs to be quarantined at the university's organizational quarantine facility, CMU's Student Development Division will contact the student/staff for further arrangements.
